


LET'S BE CLEAR



We all want to **express ourselves clearly** and to **connect with people** around us.




Face masks help keep us all **safe**. But for people who rely on **lip reading** and **facial expressions** to understand, they make **communicating difficult**.



HELPFUL

Things that can help



Wear a **clear face mask** if you can



Take your **time**



Use **hand gestures**



Find somewhere **quiet**



Look out for the **disability lanyard**



Write it down